

### **Why should I have my child get a flu vaccine?**

- ✓ Flu vaccine is the best way to prevent flu
- ✓ It stops flu from *spreading* to others in your home and school
- ✓ It is recommended for all children ages 6 months to 18 years old

### **Is the flu really so bad?**

Each year in the U.S. flu leads to...

- ✓ Almost 20,000 children hospitalized
- ✓ 38 million missed school days
- ✓ Parents missing work when a child has the flu

### **Who recommends flu vaccine for children?**

- ✓ Centers for Disease Control & Prevention (CDC)
- ✓ American Academy of Pediatrics
- ✓ American Academy of Family Physicians

### **How can I get flu vaccine for my child?**

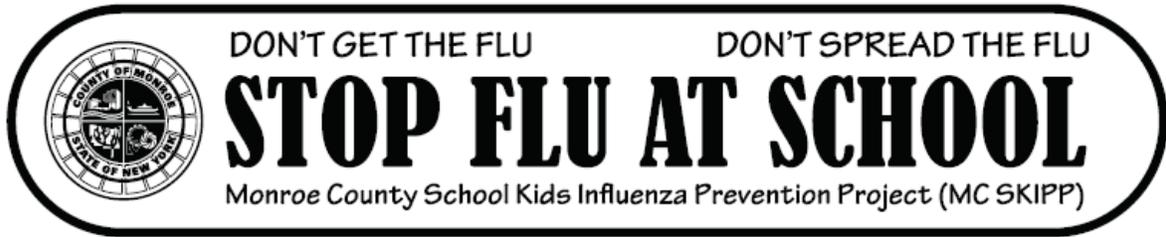
- ✓ At the school clinic
- ✓ At the doctor's office



**References:**

- <http://www.cdc.gov/FLU/protect?keyfacts.htm>
- <http://www.vaccineinformation.org/flu/>
- <http://www.familiesfightingflu.org/resources/>

For more information please call us at: 753-5053  
or 753-5042



**This Fall our school & the Monroe County Department of Public Health will again offer flu (influenza) vaccines during school!**

**When?**

There will be 1 flu vaccine clinic at our school between November 2010 and Early December 2010

**Who can be vaccinated?**

**All children who go to our school are welcome.**  
Your permission is required before vaccination.

**We will offer 2 versions of the seasonal flu vaccine:**

Nose spray and the “shot”

**\*MCSKIPP will provide 1 dose of vaccine at the school. If your child needs a second dose see the next page for instructions.**

**Payment:**

- In Fall 2010, you will be sent a consent form to sign. If you want your child to get a flu vaccine in school, fill it out completely.
- Insurance information will be collected on the consent form. The vaccine will be covered by your insurance company the same way it happens at your doctor’s office.
- If your insurance *requires* a co-pay, Health Checkpoint will mail you an invoice for the co-pay. **Your child should not bring any money to school.**
- Your child can get the flu vaccine even if he/she does not have health insurance. A federal program (Vaccines for Children) will pay for the vaccine.



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## Details on the School Clinics

**Can my child receive influenza (flu) vaccine at the doctor's office?** Yes! It's up to you to decide where is best for your child. We encourage you to have your child vaccinated against the flu. This program is just one option.

**My child is afraid of needles.** There will be a nose spray vaccine option. A child with a history of asthma or wheezing cannot get nose spray vaccine, but needs the shot. We will have that too.

**How much does it cost?** The vaccine will be covered by your insurance company the same way it happens at your doctor's office. If your insurance *requires* a co-pay, Health Checkpoint will mail you an invoice for the co-pay. **Your child should not bring any money to school.** Your child can get the flu vaccine even if he/she does not have health insurance. A federal program (Vaccines for Children) will pay for the vaccine.

**Who gives the vaccine?** Nurses from University of Rochester will give the vaccine.

**How will my child's doctor know that my child got the vaccine?**

The vaccine will be put into your child's NY immunization record for their doctor to see.

**How many doses of flu vaccine does my child need?** Most children need 1 dose each year. Children need 2 doses if they are younger than 9 years old AND

- Are getting flu vaccine for the first time OR
- Got flu vaccine for the 1st time last season, but got only 1 dose.

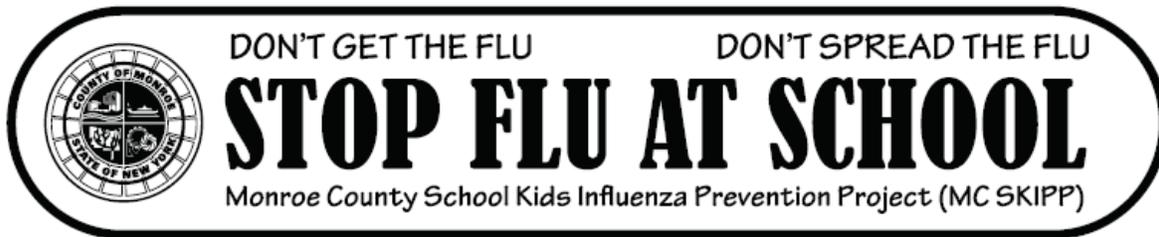
***If you are not sure, please check with your doctor to see if your child needs a second dose. If your child does not have a doctor, call the University of Rochester at 585-275-4816 to speak with a nurse.***

**What happens if my child has side effects from the vaccine?** This is rare.

- *At the clinic:* Nurses giving the vaccine will watch for side effects. If you your child has an allergic reaction, the proper care will be provided and you will be notified.
- *At home:* Side effects that come up at home should be handled as you would normally. Parents may call **our hot line 275-4816** for information about flu vaccine side effects.

**When are the clinics at my child's school?** Please check the back of this sheet

For more information please call us at: 753-5053  
or 753-5042



**Clinic Dates**

<b>East Irondequoit</b>	
Ivan Green	11/3/10
Durand Eastman	11/3/10
<b>Pittsford</b>	
Thornell Road	11/9/10
Jefferson Road	11/5/10
Mendon Center	11/10/10
Park Road	11/8/10
<b>Rochester</b>	
School #7	11/12/10
School #14	11/9/10
School #15	11/9/10
School #19	11/18/10
School #22	11/8/10
School #25	11/12/10
School #30	11/18/10
School #34	11/5/10
School #36	11/2/10
School #39	11/4/10
School #44	11/10/10
School #45	11/10/10
<b>Spencerport</b>	
Terry Taylor	11/4/10
Leo Bernabi	11/2/10
Canal View	11/2/10

If for ANY reason you wish to cancel your child’s vaccine after you have registered them, you will need to call 585-753-5053 at least one day before the clinic date.

For more information please call us at: **753-5053**  
or **753-5042**