

Name: \_\_\_\_\_

1 of 10

Date: \_\_\_\_\_

***ASSERTIVE COMMUNITY TREATMENT (ACT) REFERRALS  
IMPORTANT UPDATE - PLEASE READ***

Assertive Community Treatment (ACT) is one of the specialty behavioral health services that will be carved into managed care. Mainstream Managed Care Organizations (MMCOs) and Health and Recovery Plans (HARPs) operating in Monroe County will assume management of this service in the adult Medicaid Managed Care Program beginning October 1, 2016.

As of 10/1/16, all referrals for ACT services for individuals enrolled in Medicaid will require a level of care determination and prior approval by the appropriate MMCO. The referral source is responsible for contacting the MMCO to initiate this process using the following steps:

1. If the individual being referred is covered by Medicaid, determine the MMCO.
2. Contact the MMCO stating that you are making an ACT referral and requesting a level of care assessment.
3. The MMCO will notify the referring provider of the level of care determination within 24 hours.
4. If MMCO approves ACT level of care, the MMCO/HARP provides the referring provider with list of in-network ACT teams. The referring provider submits ACT application with notice of MMCO/HARP level of care authorization and list of in network ACT teams to SPOA.
5. If MMCO does not approve ACT level of care, the MMCO/HARP must work with the referring provider and SPOA to develop an alternate service plan that meets the member's clinical, rehabilitation and recovery needs.

Here is a list of MMCO contacts for plans in Monroe County:

<b><i>Plan</i></b>	<b><i>Contact Information (last updated 11/14/16)</i></b>
<b>Blue Cross/Blue Shield</b>	Contact Provider services at 1-800-471-4685
<b>Excellus</b>	Lori Lubba, 585-485-6109, <a href="mailto:Lorraine.Lubba@envolvehealth.com">Lorraine.Lubba@envolvehealth.com</a>
<b>Fidelis</b>	Phone: 1-888-FIDELIS (1-888-343-3547) - option 2, then option 2 Fax: 1-347-868-6427
<b>MVP</b>	Primary : Stacey Butler, LCSW; Clinical Team Lead, (781) 994-7140, <a href="mailto:Stacey.Butler@beaconhealthoptions.com">Stacey.Butler@beaconhealthoptions.com</a> Secondary: Jill Francesconi, LMSW; Manager of Clinical Services, (781) 994-7501, <a href="mailto:Jill.Francesconi@beaconhealthoptions.com">Jill.Francesconi@beaconhealthoptions.com</a> Beacon Secure Fax: 781-994-7136 Beacon Secure Email: <a href="mailto:TarrytownBeacon@beaconhealthoptions.com">TarrytownBeacon@beaconhealthoptions.com</a>
<b>United Health Care</b>	1-866-362-3368, Ask for NYS Medicaid dedicated site, use tax ID number if available, have member's information available. Secure Fax: 1-877-339-8399 Secure Email: <a href="mailto:nyharpauthorizations@uhc.com">nyharpauthorizations@uhc.com</a>
<b>Your Care</b>	Joshua Maldonado, 716-796-6488, <a href="mailto:Joshua.maldonado@beaconhealthoptions.com">Joshua.maldonado@beaconhealthoptions.com</a>

***THE STEPS ABOVE MUST BE COMPLETED IN ORDER FOR SPOA TO PROCESS THIS REFERRAL.***

**Monroe County ACT Referral  
Assertive Community Treatment**

**REFERRAL FORM: Part I**

ACT services are for individuals who are 18 yrs and older, with severe mental illness, (Severe mental illness entails an illness whose symptoms involve either persistent psychotic symptoms or long standing major mood disturbances.) ACT recipients must have a major, non-substance abuse, psychiatric diagnosis as their primary clinical diagnosis and have demonstrated barriers to engaging with traditional, clinic type, mental health services.

*Services are specifically for those requiring intensive clinical services or with significant functional impairments directly attributable to their psychiatric illness, as demonstrated by at least three of the following conditions. Please check the items that describe the individual's current risk factors.*

A: Current court ordered treatment, such as Assisted Outpatient Treatment (AOT)   
or Mental Health Court.

B: Persistent and significant difficulty performing routine activities of daily living, or the ability to perform such tasks only with intensive support from friends or relatives. (Examples of these activities are obtaining medical, legal, and housing services; meeting nutritional needs, and maintaining personal hygiene.)

Please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

C: Significant and persistent difficulty maintaining employment or carrying out homemaker roles such as preparing meals, washing clothes, budgeting, and child-care.

Please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

D: Significant and persistent problems maintaining a safe living situation.

Please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E: More than two psychiatric admissions within the past year.

Please provide an overall hospitalization history, including dates and locations of most recent hospitalizations: \_\_\_\_\_

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F: Three or more Psychiatric Emergency Room visits in the past year.

Please describe the circumstances: \_\_\_\_\_

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G: Persistent *major* psychiatric symptoms, such as psychosis, significant affective disturbance, or intense suicidality.

Please be specific: \_\_\_\_\_

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H: High risk for, or recent history of, criminal justice involvement as a direct result of the symptoms of their psychiatric diagnosis.

Please be specific: \_\_\_\_\_

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I: History of violent ideation or gesture

Please describe, including significant and persistent triggers, behaviors, and connection to periods of decompensation: \_\_\_\_\_

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J: Residing in an inpatient or supervised community residence, but could live in a more independent living situation if intensive services are provided, *or* they will require residential or inpatient placement unless more intensive services can be provided.

Please be specific: \_\_\_\_\_

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Name: \_\_\_\_\_

K: Documented and persistent difficulty in effectively using traditional office-based outpatient services.

Please be specific: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**REFERRAL FORM: Part II**

<p><b>1:</b> Name of individual requiring services: _____</p>	<p><b>4:</b> Your name and your relationship to person needing services (for example, parent, friend, or care manager):  Name: _____  Relationship: _____</p>
<p><b>2:</b> Date of Birth: _____  Gender: _____</p>	<p><b>5:</b> Name of Agency, if mental health professional or other service provider: _____  If you are not the primary treatment provider, you have discussed this referral with them and they are in agreement: ___yes ___no, if no please explain _____</p>
<p><b>3:</b> Individual's Insurance (if any). <i>No one will be denied service due to an inability to pay: sliding scale fees are available for individuals without insurance.</i> _____  MEDICAID#: _____</p>	<p><b>6:</b> Your phone number: _____  Best time to call: _____</p>

**7:** Current Address (if homeless, indicate where individual might be located—such as a particular drop in \_\_\_\_\_)

shelter or other service provider):

**8:** Current Phone/Contact Number for Individual:

**9:** Diagnosis:

**10:** Current Safety / Violence / Risk Factors. Please include any Risk Assessments if available:

**11:** Current Community Supports (family, friends, social service agency, job, etc):

**12:** Legal Concerns:

**13:** Active Medical Issues:

**14:** Medication (if on clozapine, please indicate the frequency of blood draws and when next due):

**15:** Previous treatment experiences, including dates:

**16:** Note any immediate care management needs:

**Date Referral Received by ACT:** \_\_\_\_\_

**If possible, please include documentation such as a clinical summary, alerts, risk assessments, medical information, medication administration records, and any recent discharge summaries.**

Monroe County has two ACT providers, **Strong Behavioral Health and Rochester Regional Health**. Please check a provider if there is a preference.

**Strong Behavioral Health**

Strong Ties ACT Team  
2613 West Henrietta Rd.  
Rochester, NY 14623  
Telephone: 585-279-4903  
Fax: 585-461-9504

**Rochester Regional Health**

Unity ACT Team  
89 Genesee St.  
Rochester, NY 14611  
Telephone: 585-368-3459  
Fax: 585-368-3585

## **Send referral and signed consent to:**

### **Monroe County SPOA (Single Point of Access)**

Mo. Co. Office of Mental Health  
80 West Main Street, 4<sup>th</sup> Flr  
Rochester, NY 14614  
Telephone: 585-753-2874  
585-753-2879  
FAX: 585-753-2885

**Permission to Use and Disclose Confidential Information**

This form is designed to be used by organizations that collaborate with one another in planning, coordinating, and delivering services to persons diagnosed with mental disabilities. It permits use, disclosure, and re-disclosure of confidential information for the purposes of care coordination, delivery of services, payment for services and health care operations. This form complies with the requirements of §33.13 of the New York State Mental Hygiene Law, federal alcohol and drug record privacy regulations (42 CFR Part 2), and federal law governing privacy of education records (FERPA)(20 USC 1232g). It is not for use for HIV-AIDS related information. Although it includes many of the elements required by 45 CFR 164.508(c), this form is not an "Authorization" under the federal HIPAA rules. An "Authorization" is not required because use and disclosure of protected health information is for purposes of treatment, payment or health care operations. (See 45 CFR 164.506.)

1) I hereby give permission to use and disclose health, mental health, alcohol and drug, and education records as described below.

2) The person whose information may be used or disclosed is:

Name: \_\_\_\_\_ . Date of Birth: \_\_\_\_\_

3) The information that may be used or disclosed includes (check all that apply):

- Mental Health Records
- Alcohol/Drug Records
- School or Education Records
- Health Records
- All of the records listed above

4) This information may be disclosed by:

- Any person or organization that possesses the information to be disclosed
- The persons or organizations listed in Attachment A
- The following persons or organizations that provide services to me:

\_\_\_\_\_

5) This information may be disclosed to:

- Any person or organization that needs the information to provide service to the person who is subject of the record, pay for those services, or engage in quality assurance or other health care operations related to that person.
- The persons or organizations listed in Attachment A
- The following persons or organizations:

\_\_\_\_\_

6) The purposes for which this information may be used and disclosed include:

- Evaluation of eligibility to participate in a program supported by the Monroe County of Mental Health;
- Delivery of services, including care coordination and case management;
- Payment for services; and
- Health Care Operations such as quality assurance

Name: \_\_\_\_\_

**Monroe County Office of Mental Health**  
**Permission to Use and Disclose Confidential Information (con't)**

7) I understand that New York State and federal law prohibits persons that receive mental health, alcohol, or drug abuse, and education records from re-disclosing those records without permission. I also understand that not every organization that may receive a record is required to follow the federal HIPAA rules governing use and disclosure of protected health information. I HEREBY GIVE PERMISSION TO THE PERSONS AND ORGANIZATIONS THAT RECEIVE RECORDS PURSUANT TO THIS AUTHORIZATION TO RE-DISCLOSE THE RECORD AND THE INFORMATION IN THE RECORD TO PERSONS OR ORGANIZATIONS DESCRIBED IN PARAGRAPH 5 FOR THE PURPOSES PERMITTED IN PARAGRAPH 6, BUT FOR NO OTHER PURPOSE.

8) This permission expires (check):  
 On this date \_\_\_\_\_  
 Upon the following event \_\_\_\_\_

9) This permission is limited as follows:  
 Permission only applies to records for the following time period: \_\_\_\_\_ to \_\_\_\_\_  
 Other limitations: \_\_\_\_\_

10) I understand that this permission may be revoked. I have received a Notice of Privacy Practices, and understand that if this permission is revoked, it may not be possible to continue to participate in certain programs. I will be informed of that possibility if I wish to revoke permission. I also understand that records disclosed before this permission is revoked may not be retrieved. Any person or organization that relied on this permission may continue to use or disclose records and protected health information as needed to complete work that began because this permission was given.

I am the person whose records will be used or disclosed. I give permission to use and disclose my records as described in this document.

\_\_\_\_\_  
Signature Date

I am the personal representative of the person whose records will be used or disclosed. My relationship is \_\_\_\_\_. I give permission to use and disclose records as described in this document.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

Attachment A

This permission to disclose records applies to the following organizations and people who work at those organizations. These organizations work together to deliver services to residents of Monroe County.

Action for a Better Community  
Baden Street Settlement  
Beacon Health Strategies, LLC (Medicaid Managed Care Organization)  
Blue Cross/Blue Shield of Western New York/Health Now (Medicaid Managed Care Organization)  
Catholic Family Center  
Conifer Park, Inc.  
Correctional Medical Services  
Daisy Marquis Jones Women's Residence  
Delphi Drug & Alcohol Services  
DePaul Community Services  
East House Corporation  
Excellus/Centene/Evolve Health (Medicaid Managed Care Organization)  
Fidelis (Medicaid Managed Care Organization)  
Finger Lakes Developmental Disabilities Services Office (DDSO)  
Hillside Family of Agencies  
Housing Options Made Easy (HOME)  
Huther-Doyle Memorial Institute, Inc.  
Ibero-American Action League  
John L. Norris ATC  
Liberty Resources  
Mental Health Association of Rochester  
Monroe County Office of Mental Health  
MVP (Medicaid Managed Care Organization)  
Pathways Methadone Maintenance Treatment Program  
Pathway Houses of Rochester  
Puerto Rican Youth Development  
Rochester Regional Health  
Rochester Psychiatric Center  
Rochester Rehabilitation Center  
Syracuse Behavioral Health  
Threshold Center  
United Health Care (Medicaid Managed Care Organization)  
Unity Health System  
University of Rochester/Strong Memorial Hospital  
YWCA Supportive Living Program  
Veteran's Administration  
Veteran's Outreach Center  
Villa of Hope  
Westfall Associates  
YourCare (Medicaid Managed Care Organization)