

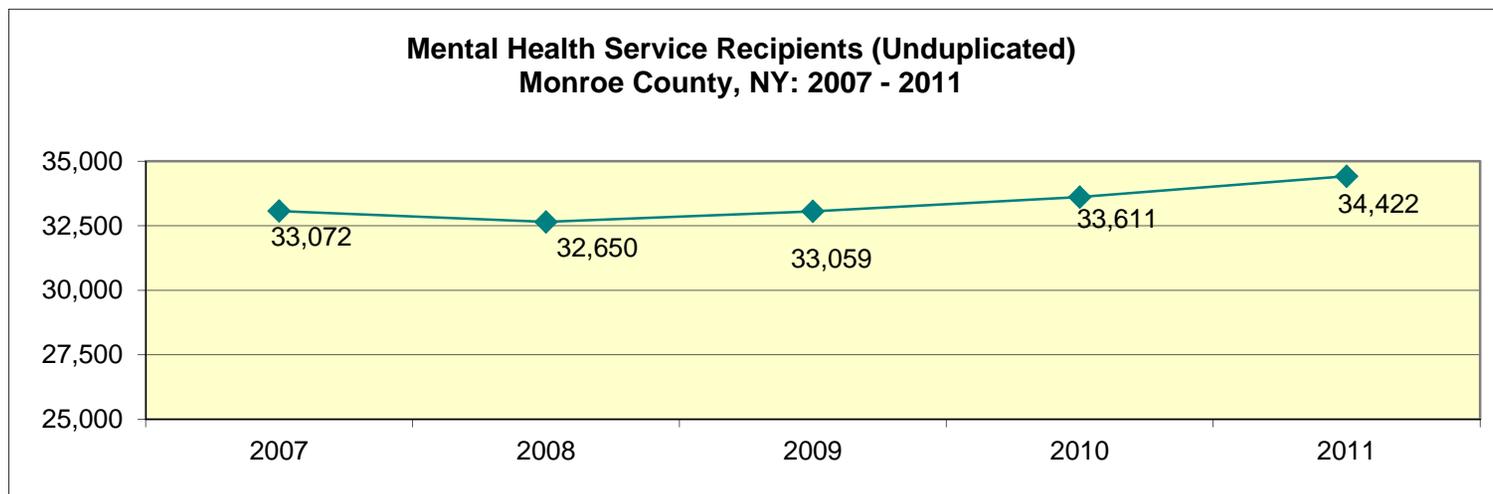


**Maggie Brooks**  
*County Executive*

# Mental Health Services in Monroe County, NY

## Monroe County Behavioral Health Community Database

### 2011 Mental Health Summary Report



Prepared by: Monroe County Office of Mental Health

## Introduction

The **2011 Mental Health Summary Report** provides an overview of Monroe County's mental health service delivery system, with specific focus on services provided to consumers during 2011. The data included in this report provide general information about service utilization and the demographic characteristics of consumers receiving services. In previous years, the report included detail comparing data for providers in each mental health program type. The detail has not been included in this document but is available to Monroe County providers in the Monroe County Performance and Contract Management System.

The data included in this report come from the Monroe County Behavioral Health Community Database (BHCD). This database is maintained by Coordinated Care Services, Inc. (CCSI) on behalf of the Monroe County Office of Mental Health to support contract management and county-wide planning, evaluation, and performance management efforts. The database contains sociodemographic, program admission, and service utilization data for consumers receiving mental health services at programs that are certified or licensed by the New York State Office of Mental Health or are fully or partially funded by the Monroe County Office of Mental Health. Providers submitting information to this database are listed below:

- ❖ Catholic Family Center
- ❖ Compeer of Rochester, Inc.
- ❖ Crestwood Children's Center
- ❖ DePaul Community Services
- ❖ East House Corporation
- ❖ Hillside Children's Center
- ❖ Housing Options Made Easy
- ❖ The Mental Health Association
- ❖ Rochester General Health System
- ❖ Rochester Rehabilitation Center
- ❖ Rochester Psychiatric Center
- ❖ St. Joseph's Villa
- ❖ Unity Hospital of Rochester
- ❖ University of Rochester Mental Health Center/Strong Memorial Hospital

Providers submit client-level service utilization data to CCSI on a monthly basis. The data files are run through several error-checking routines, processed, and added to the BHCD. This report is based on data submitted for services delivered to clients during calendar year 2011.

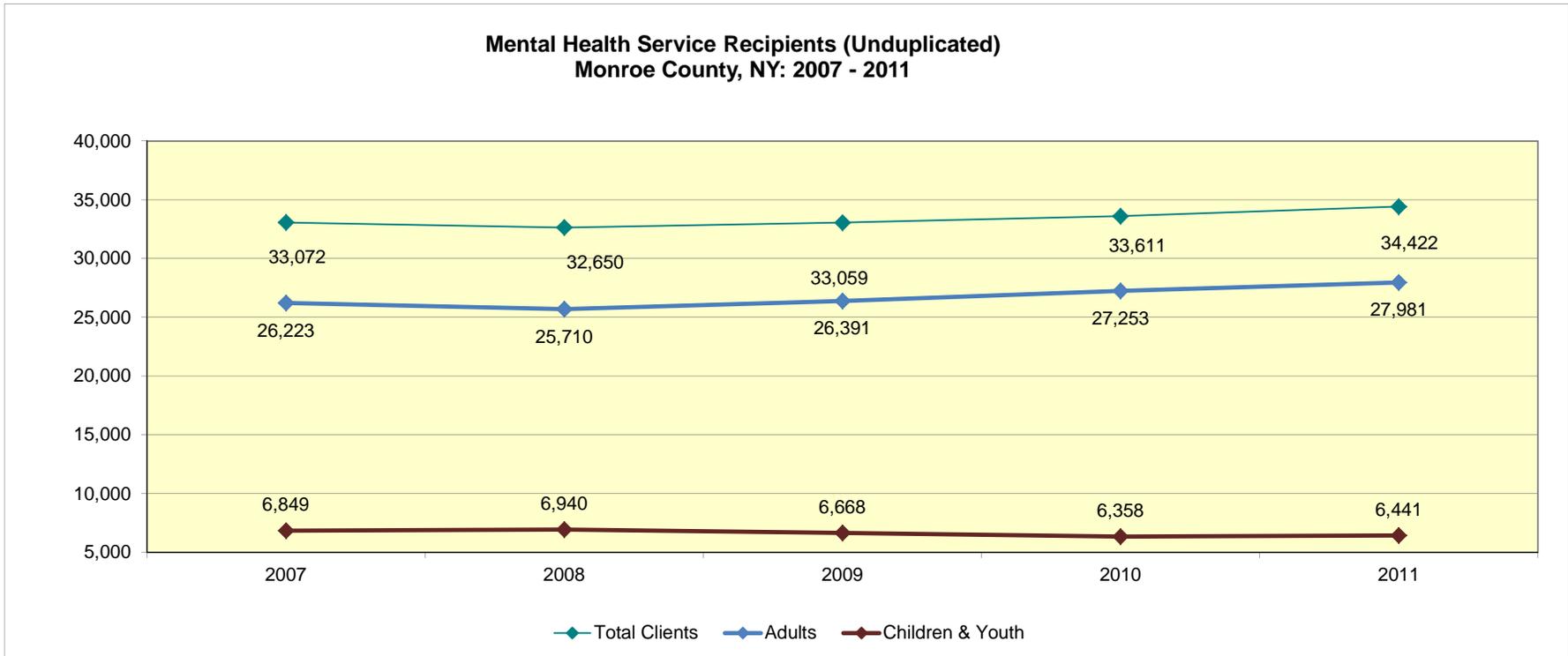
**Additional Information:** If you have questions about any of the data included in this report, would like to request access to the Monroe County Performance and Contract Management System or would like to request additional analyses, please contact Deb Hodgeman at [dhodgeman@monroecounty.gov](mailto:dhodgeman@monroecounty.gov). This report is available online at the Monroe County website in the department "Mental Health" on the "Statistics and Reports" page at <http://www.monroecounty.gov/mh-statistics-reports.php>

## Mental Health Services for 2011 in Monroe County, NY

### Community Overview

#### Trends in Number of People Served

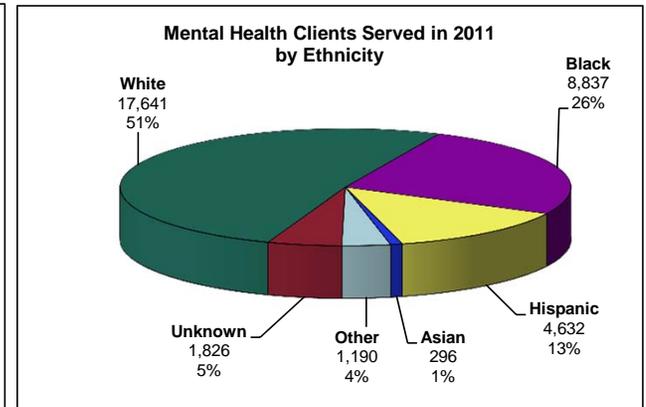
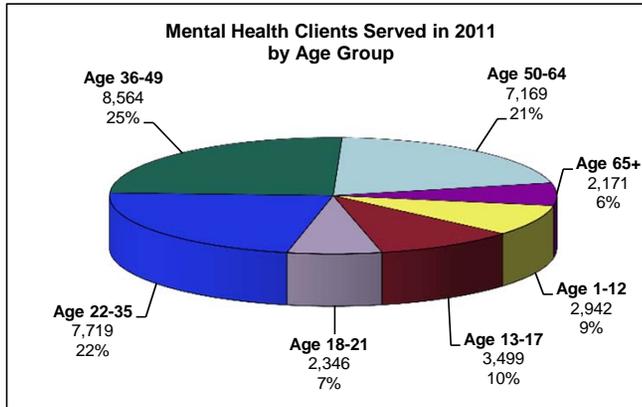
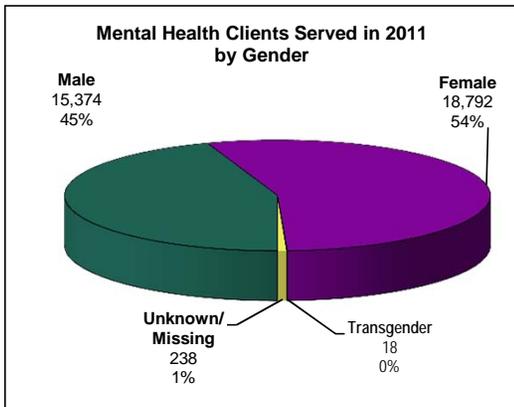
The 2011 data show a total of 34,422 individuals received mental health services at the provider agencies included in this report—an increase of 2.4% compared to 2010 figures. Children and youth receiving mental health services in 2011 (6,441) increased by 1.3% from 2010 while Adults receiving mental health services in 2011 (27,981) increased by 2.7% from 2010.



## Mental Health Services for 2011 in Monroe County, NY

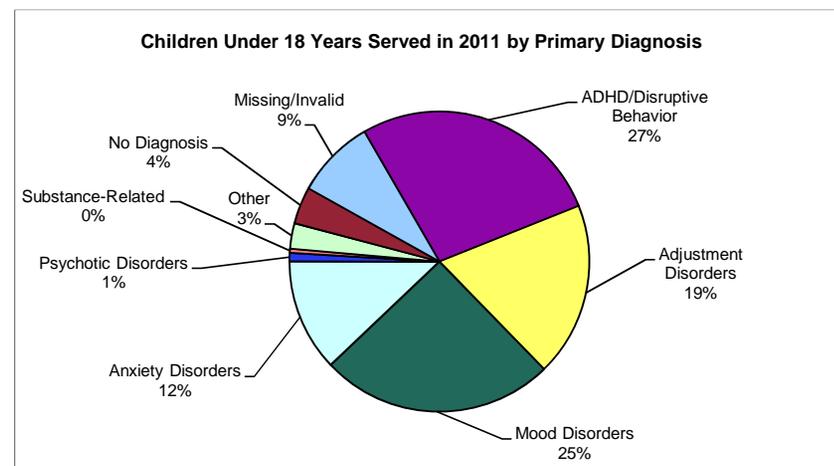
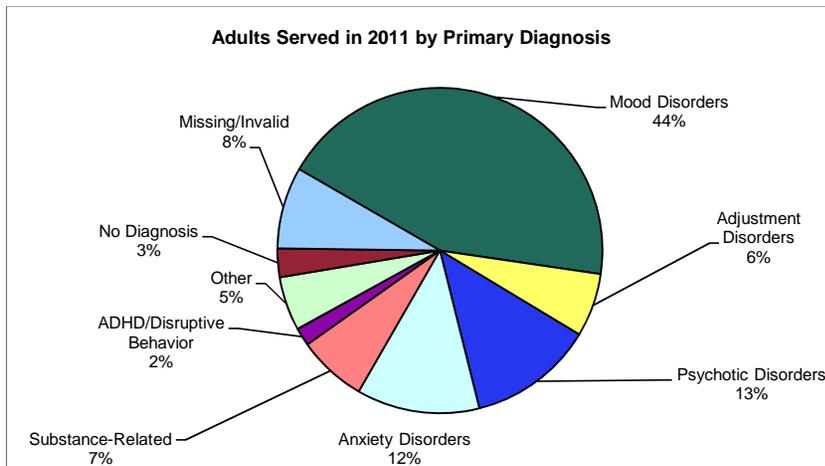
### Demographic Characteristics of Service Recipients

The charts below summarize the demographic characteristics of the mental health service recipient population as a whole.



### Diagnoses of Service Recipients

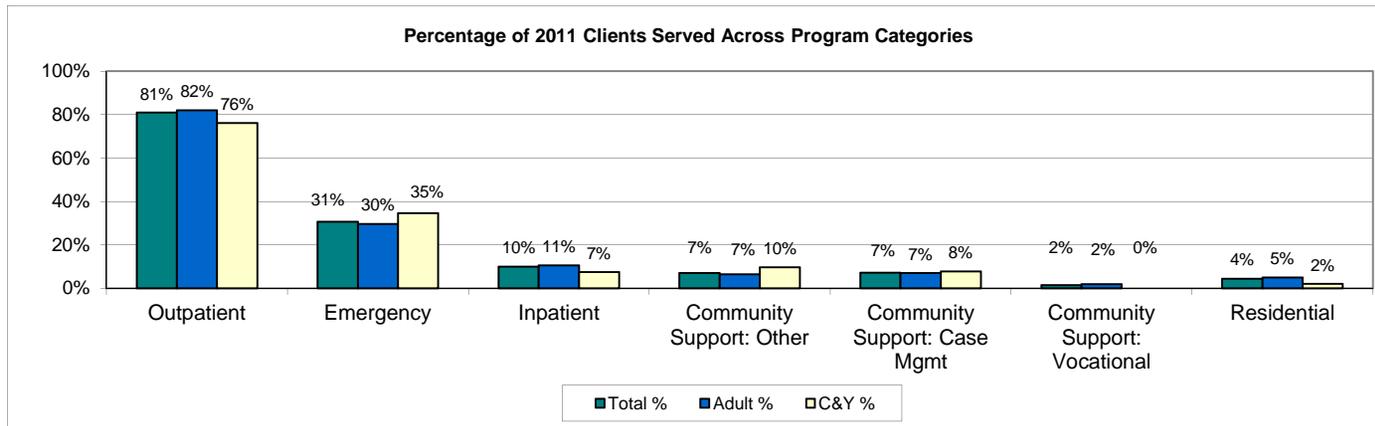
The charts below summarize the diagnosis breakdown for Adults and the Children & Youth population by using the most recent diagnosis for clients served in 2011. Total number of Adults served was 27,981 and total number of Children & Youth served was 6,441.



## Mental Health Services for 2011 in Monroe County, NY

### Service Usage by Category

The graph below shows the distribution of individuals served within the Monroe County public mental health system by program category. For example, of the 34,422 individuals receiving services in 2011, 81% received care in an outpatient setting. A table showing the grouping of specific OMH program codes into categories is displayed below the graph. Note that these categories are not mutually exclusive. That is, a client is counted in each program category in which services were received in 2011. Percentages for the Adult population (27,981 served) and the Children & Youth population (6,441 served) are also shown.



#### Outpatient

- ❖ Day Treatment (0200)
- ❖ Continuing Day Treatment (1310)
- ❖ Clinic Treatment (2100)
- ❖ Partial Hospitalization (2200)
- ❖ IPRT (2320)
- ❖ PROS (6340 and 8340)

#### Emergency Services

- ❖ Crisis Intervention (2680)
- ❖ Crisis Beds (0910)
- ❖ Crisis Outreach (1680)
- ❖ Extended Observation Beds (1920)
- ❖ Home-Based Crisis Intervention (3040)
- ❖ CPEP (3130)
- ❖ Crisis/Transitional Living (1600)
- ❖ Family Crisis Support Services

#### Community Support: Other

- ❖ Sheltered Workshop (0340)
- ❖ Recreation Mentoring (0610)
- ❖ Outreach (0690)
- ❖ Psychosocial Club (0770)
- ❖ Assertive Community Treatment (0800)
- ❖ Family Support Services (1650)
- ❖ Advocacy (1760)
- ❖ Drop-In Center (1770)
- ❖ MICA Network (5990)
- ❖ Supported Housing Case Management (6060)

#### Community Support: Case Management

- ❖ Intensive Case Management (1810)
- ❖ Supportive Case Management (6810)
- ❖ Care Coordination (2720)
- ❖ Home & Community Based Waiver (0230)
- ❖ Other Case Management (0810)

#### Community Support: Vocational

- ❖ Transitional Employment (0380)
- ❖ Assisted Competitive Employment (1380)
- ❖ Affirmative Business/Industry (2340)
- ❖ Ongoing Integrated Supp Employment (4340)

#### Residential

- ❖ Family Care (0040)
- ❖ Residential Treatment Facility C&Y (1080)
- ❖ Supported Housing (6050)
- ❖ Treatment/Congregate (6070)
- ❖ Treatment/Apartment (7070)
- ❖ SRO (8050)
- ❖ Family Based Treatment (2040)
- ❖ Support/Congregate (6080)

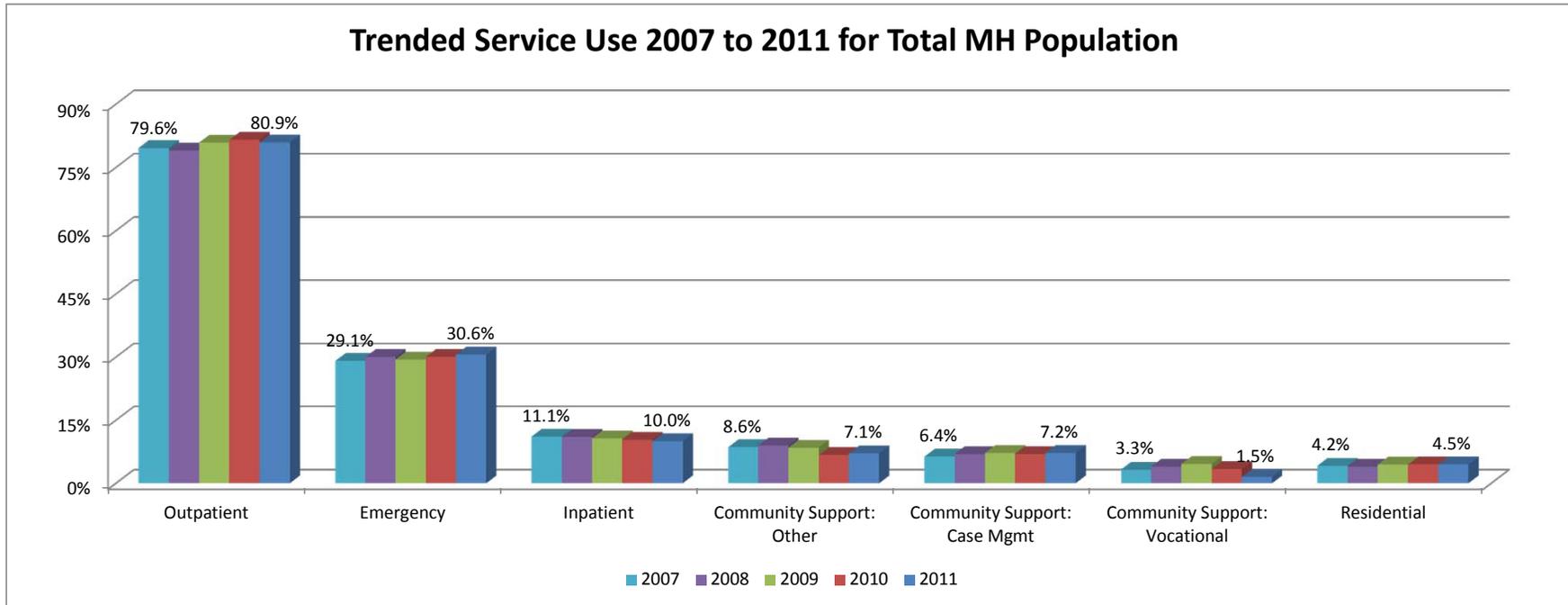
#### Inpatient

- ❖ Inpatient (3010)

## Mental Health Services for 2011 in Monroe County, NY

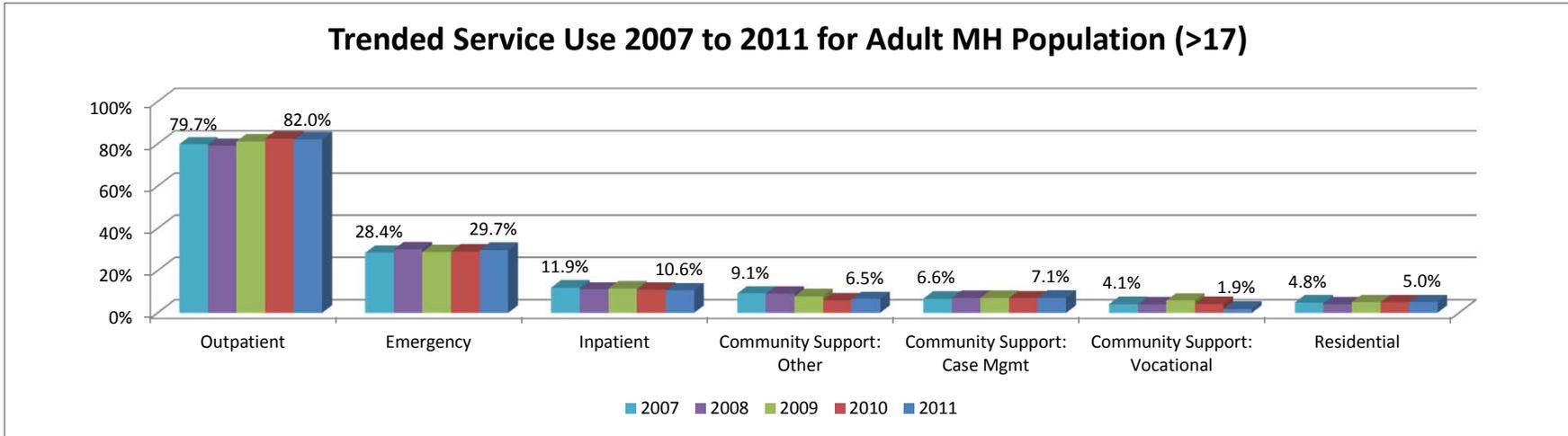
### Trends in Mental Health Service Use

The graph below shows a trended view of the distribution of individuals served within the Monroe County public mental health system by program category for the years 2007 through 2011 for the Total MH Population. The percentages of clients using Outpatient, Emergency, Community Support Case Management and Residential have increased slightly in 2011 from 2007. The percentages of clients using Inpatient, Community Support Other, and Community Support Vocational have decreased in 2011 from 2007. Some of these fluctuations are due to program openings and closings in the Monroe County system of care. Some key program changes during this 5 year time period include conversion of vocational programs to Personalized Recovery Oriented Services (PROS) at several providers; discontinuation of children's clinic services at Unity Hospital of Rochester, opening of Steve Schwarzkopf Clinic and Elmwood Transitional Residence at RPC.

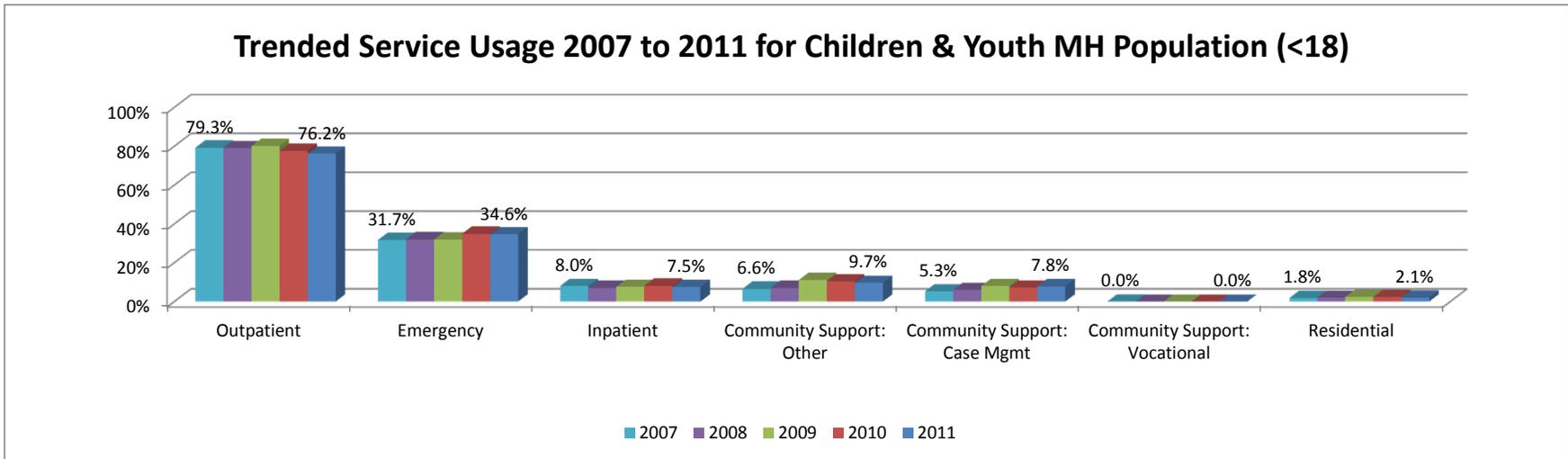


## Mental Health Services for 2011 in Monroe County, NY

Trends in service use in 2007 to 2011 for the Adult Mental Health Population (>17 years old) show similar patterns to the total mental health population in all program categories when comparing percentage of clients using services in 2011 to 2007. Increase in Outpatient service use for Adults is slightly higher in 2011 from 2007 when compared to the total population.



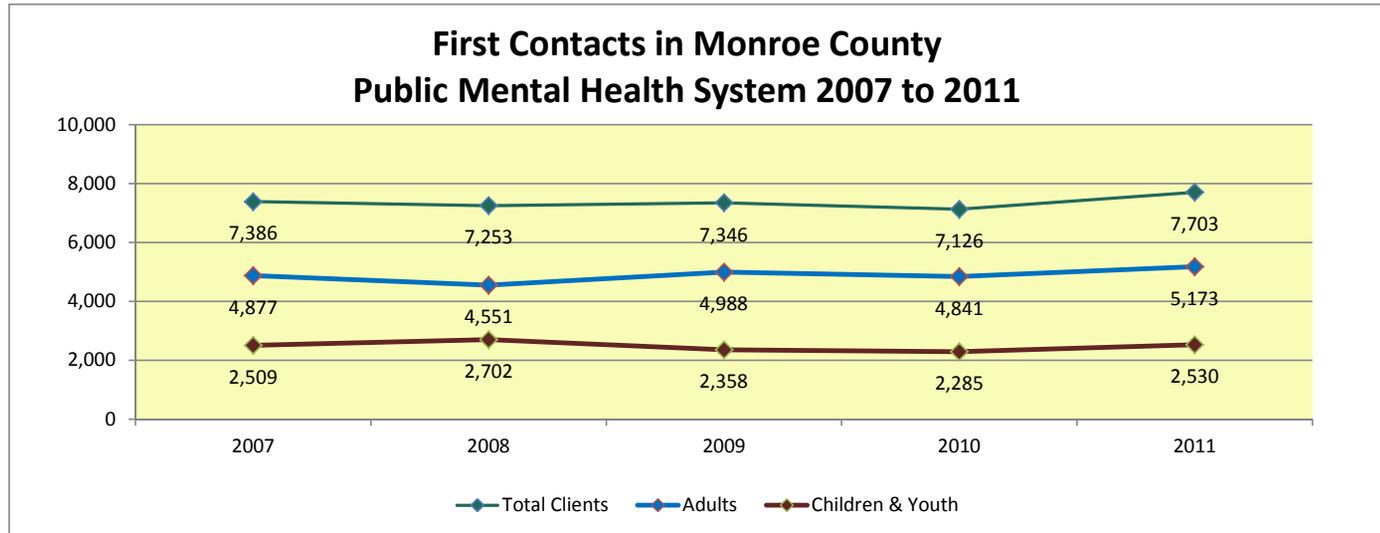
Trends in service use in 2007 to 2011 for the Children & Youth Mental Health Population (<18 years old) show some differences than the total mental health population when comparing percentage of clients using services in 2011 to 2007. Outpatient service use is at its lowest point in this 5 year period and percentages of children & youth using Emergency services and Community Support Other have increased more significantly than the total population.



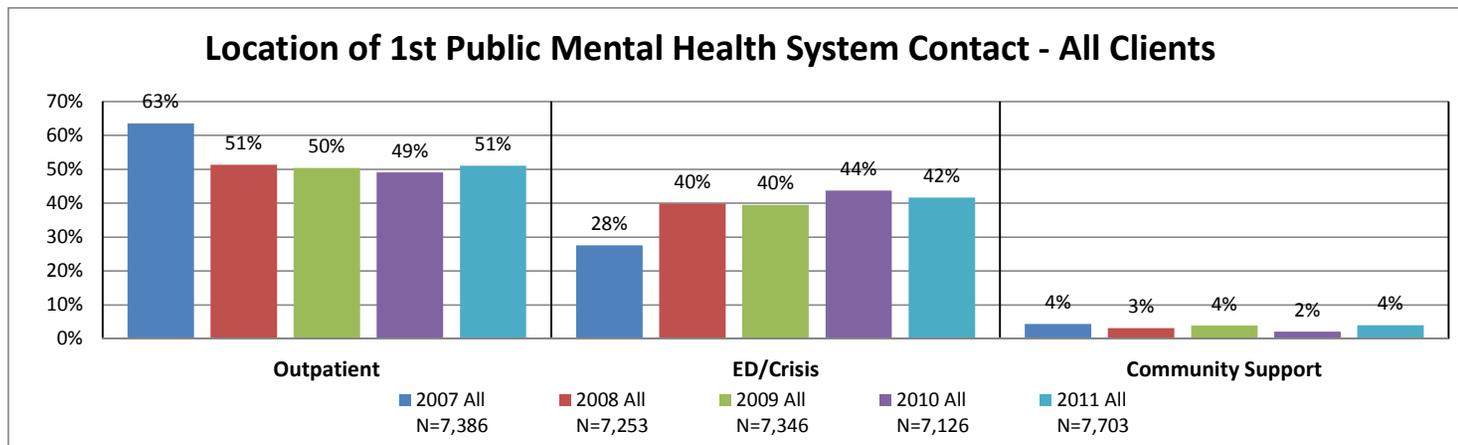
## Mental Health Services for 2011 in Monroe County, NY

### Entry to Public Mental Health System

Monroe County OMH often reviews analyses showing the program that a client uses to first access public mental health services. The graph below presents the total number of first contacts for each year for the years 2007 to 2011.

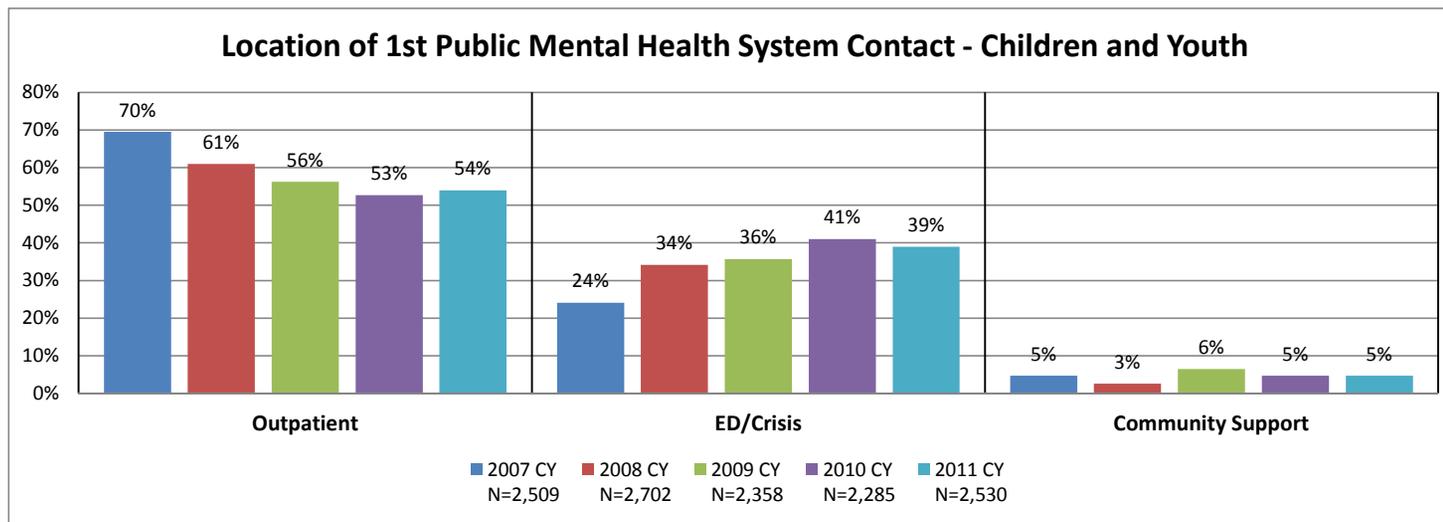
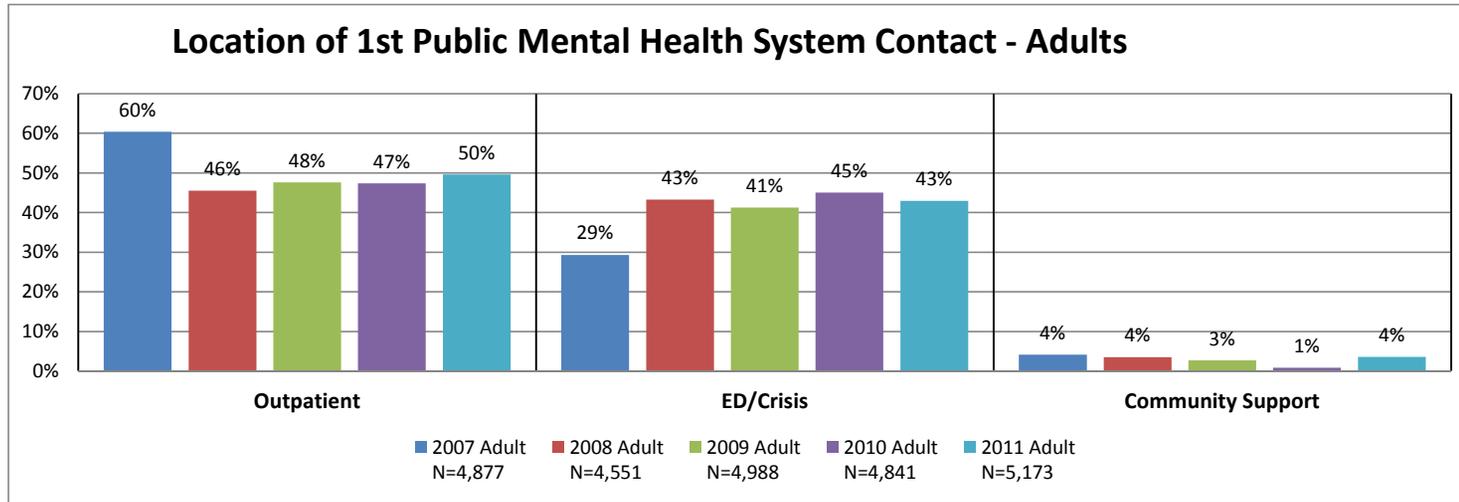


This graph shows First Contacts for 2007 to 2011 as the percentage of clients entering the Monroe County public mental health system through program categories of Outpatient, ED/Crisis, and Community Support: Other. Refer to the section on Service Usage by Category for the lists of specific programs in each category. When comparing 2011 to 2010, a higher percentage of clients accessed the system through Outpatient or Community Support programs while a lower percentage accessed the system through ED/Crisis programs.



## Mental Health Services for 2011 in Monroe County, NY

The graphs below display the percentage of clients entering the public mental health system through Outpatient, ED/Crisis and Community Support programs by Age Group (Adults or Children & Youth). The trends are similar for both age groups when comparing 2011 to 2007 with Children & Youth showing more pronounced differences for Outpatient. While the percentage of clients with first contacts in Outpatient decreased by 12% in 2011 from 2007 for the total mental health population and 10% for Adults, the percentage decreased by 16% for Children & Youth. The change for Children & Youth may be a result of the closing of Children & Youth clinic services at Unity. The change in percentage of clients with first contacts in ED/Crisis services and Community Support is fairly consistent when viewed for the total mental health population and by age group.

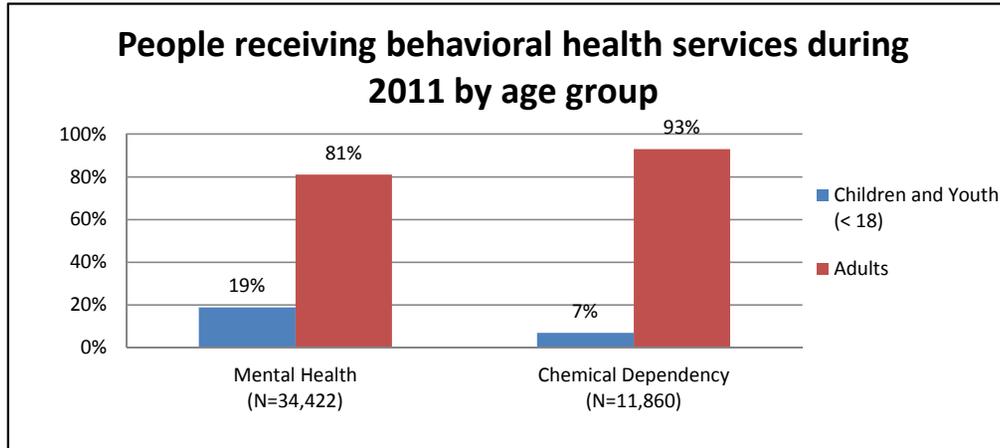


## Mental Health Services for 2011 in Monroe County, NY

### Mental Health Compared to Chemical Dependency

The main source of data for this report is the Monroe County Behavioral Health Community Database (BHCD) which is limited to mental health services. Monroe County also funds services for chemical dependency. The graph below uses aggregate data available through NYS OASAS data systems to compare the percentage of clients receiving MH and CD services by age group.

**Note:** Chemical Dependency clients include 18 years olds in the Children and Youth age group.



The graph below shows the percentage of clients receiving MH and CD services by ethnicity.

