

2012 FSA Open Enrollment Over-the-Counter Expenses Summary

Below are examples of OTC items that will need a prescription and items that can be purchased without a prescription.

	Prescription Required	Purchase w/o Prescription
Acid Controllers	X	
Allergy & Sinus	X	
Antibiotic products	X	
Anti-diarrheals	X	
Anti-gas	X	
Anti-itch & insect bite	X	
Antiparasitic treatments	X	
Baby rash ointments/creams	X	
Band-Aids/gauze pads		X
Blood Pressure Monitors		X
Blood Sugar test kit and strips		X
Carpal Tunnel wrist supports		X
Contact Lens Solution		X
Contraceptives		X
Cold/hot packs		X
Cold sore remedies	X	
Cough, cold & flu	X	
Digestive Aids	X	
Feminine anti-fungal/itch	X	
Hemorrhoidal preps	X	
Laxatives	X	
Motion Sickness	X	
Pain Relief	X	
Reading Glasses		X
Respiratory treatments	X	
Sleep aids & sedatives	X	
Stomach remedies	X	
Stop smoking aids		X
Vitamins	X	

This is just a partial list of frequently used over-the-counter items. If you are not sure whether an item is reimbursable through your Flexible Spending Account you may go to www.irs.gov and go to publication 502 for a more complete list or you may call Health Economics Group at (585)-241-9500 ext. 504.