Please be aware of seasonal changes in trail conditions and be prepared for natural conditions such as mosquitoes and poison ivy in some areas.

Trails and Pathways are multiple use, unless noted otherwise. Enjoy walking, running, bicycling, horseback riding and cross-country skiing.

GENERAL PARK RULES:
- Carry-in Carry-out rule: which means you must take all your garbage with you for disposal after leaving the park.
- All pets must be leashed and you are responsible for cleaning up after them.

If you have rented a LODGE:
- Park Staff will unlock the lodge for you prior to your arrival time stated on your reservation confirmation.

Interested in renting a lodge or shelter?
- Try the online reservation system at monroecounty.gov/parks
- Call 585-753-PARK (7275)

NORTHAMPTON PARK
Park Staff: 585-202-4535

PARK HOURS:
- Park Hours are from 6 am until 11 pm.
- Park access and services vary seasonally, please contact 755-PARK (7275) for more details.

GARDNER TRAIL
This trail is an easy 1.8 mile walk over level terrain. It follows a mowed path through fields in the secondary stage of succession, so look for a variety of dogwood shrubs. While the majority of trees along the trail are ash, look for maple, hickory, hornbeam, and beech. The trail is fairly wide and therefore gets sun, so there may be seasonal wildflowers and most likely butterflies.

CREEK TRAIL
This trail is an easy 1.3 mile walk over gently rolling terrain. Most of the trail is through woods of ash, oak, hickory, maple, hornbeam, black cherry, beech, and white pine trees. See if you can catch a glimpse of a coyote, deer, wild turkey or red fox that have been spotted in the area.

A highlight of this trail is the portion that follows Spring Creek. There are great views of the creek and open woods so watch for wildlife. Some of the shagbark hickory, beech and oak trees reach heights of more than 75 feet. In summer there are a variety of ferns. In fall, look for unusual woodland fungus. Various mosses on fallen trees make this portion of the trail especially beautiful spring through fall.

FAIRVIEW TRAIL
This linear trail is a 1.1 mile round trip walk over gently rolling terrain. The trail follows a mowed path bordered predominately by ash trees. The highlight of this trail is Northampton Nature Trail. Pick up a map from the map box at the Salmon Creek Road trailhead and see if you can identify trees along the trail, including: ash, hornbeam, sugar maple, red oak, horsechestnut, box elder and quaking aspen. Look for various dogwood and honeysuckle shrubs and staghorn sumac.

LOOP TRAIL
This trail is an easy 0.4 mile walk over level terrain. A highlight is a wooden bridge over Salmon Creek. Look for fall wildflowers such as Joe-Pye-weed, asters, goldenrod and jewelweed. The trail is a short but delightful woodland walk through pine, ash, maple, beech, shagbark hickory, oak and black cherry trees. The woodland floor is blanketed with various mosses and sunlight filters through the wildflowers and ferns.

FARM TRAIL
This trail is an easy to moderate 1.5 mile walk over rolling terrain. One of the highlights on this trail is Springdale Farm, a demonstration farm. There are animals, interpretative gardens and displays and a corn maze in late summer and fall.

Another highlight and observation point is the pond area. Adjacent to the larger pond, is a small “viewing pond” with an observation booklet where you can record sightings of dragonflies, Canada geese, painted turtles, various waterfowl, wood ducks, and turkey vultures and other wildlife.

Another highlight of this trail is the portion that follows the ravine overlooking Spring Creek. Hickory, black cherry, ash, hornbeam, spruce, red pines, and maple trees are along the trail. Other portions of the trail pass through meadows and transition areas with seasonal wildflowers and butterflies. These transition areas are great for wildlife viewing.

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