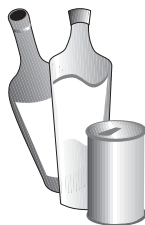


SPECIFIC DRUGS AND THEIR EFFECTS

	DEPRESSANT	STIMULANTS
DRUG NAME	ALCOHOL	AMPHETAMINES
OTHER NAMES	Beer, wine, liquor, cooler, malt liquor, booze	Speed, uppers, ups, hearts, pep pills, black beauties, bumble bees, benzedrine, dexedrine, footballs, biphetimine, copilots
HOW CONSUMED	Orally	Orally, injected, snorted, or smoked
EFFECTS	<ul style="list-style-type: none"> • Addiction (alcoholism) • Dizziness • Slurred speech • Disturbed sleep • Nausea • Vomiting • Hangovers • Impaired motor skills • Violent behavior • Impaired learning • Fetal alcohol syndrome • Respiratory depression & death (with high doses) 	<ul style="list-style-type: none"> • Addiction • Irritability • Anxiety • Increased blood pressure • Paranoia/psychosis • Depression • Aggression • Convulsions • Dilated pupils/blurred vision • Dizziness • Sleeplessness • Loss of appetite; malnutrition • Increased body temperature • Increased risk of exposure to HIV, hepatitis, other infectious diseases
FACTS FOR PARENTS	25% of 8th graders have admitted to being intoxicated at least once	Chronic use can induce psychosis with such symptoms as paranoia and visual/auditory hallucinations



METHAMPHETAMINE

Speed, meth crank, crystal, ice, fire, croak, crypto, white cross, glass

Orally, injected, snorted, or smoked

- Addiction
- Irritability • Anxiety
- Increased blood pressure
- Paranoia/psychosis
- Aggression • Nervousness
- Compulsive behavior • Stroke
- Depression • Convulsions
- Heart/blood vessel toxicity
- Insomnia
- Loss of appetite; malnutrition
- Hallucinations
- Formication (the sensation of insects crawling on or under the skin)
- Increased risk of exposure to HIV, hepatitis, other infectious diseases

Some users avoid sleep for 3 to 15 days. "Ice" is the street name for smokeable methamphetamine

SPECIFIC DRUGS AND THEIR EFFECTS

STIMULANTS

ECSTASY (methylenedioxy amphetamine)

XTC, Adam, MDMA

Orally

- Psychiatric disturbances, including panic, anxiety, depression, paranoia
- Muscle tensions
- Nausea
- Blurred vision
- Sweating
- Increased heart rate and blood pressure
- Tremors
- Hallucinations
- Reduced appetite
- Sleep problems
- Fainting
- Chills

Ecstasy is popular at all-night underground dance parties ("raves") and is the most common "designer drug."

RITALIN (methylphenidate)

Speed, west coast

NOTE: Ritalin is a legally prescribed medication for treating Attention Deficit Disorder/hyperactivity, but is sold and abused as a street drug.

Tablet crushed, the injected or snorted

- Loss of appetite
- Fevers, convulsions, severe headaches
- Increased risk of exposure to HIV, hepatitis and other infectious diseases when injected
- Irregular heartbeat and respiration
- Paranoia, hallucinations, delusions
- Excessive repetition of movements and meaningless tasks
- Tremors, muscle twitching

Some children buy or steal the drug from their classmates.

HERBAL ECSTASY/EPHEDRINE

Herbal Ecstasy (sic), Cloud 9, Rave Energy, Ultimate Xphoria, X

Orally

- Increased heart rate and blood pressure
- Seizures
- Heart attacks
- Stroke
- Death

The active ingredients in Herbal Ecstasy are caffeine and ephedrine.

DESIGNER DRUGS (Fentanyl-based)

Synthetic heroin, goodfella

Injected, sniffed or smoked

- Instant respiratory paralysis
- Potency creates strong possibility of overdose
- Increased risk of exposure to HIV, hepatitis and other infectious diseases when injected
- Many of the same effects as heroin

Designer drugs are created by changing the molecular structure of an existing drug to create a new substance.



SPECIFIC DRUGS AND THEIR EFFECTS

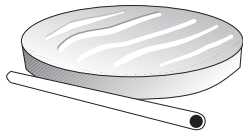
STIMULANTS

GHB (Gamma Hydroxybutyric Acid)

Liquid ecstasy, somatmax, scoop, Grievous Bodily Harm, liquid x Georgia Home Boy, goop

Snorted, orally, smoked, mixed into drinks

- Liver failure
- Vomiting
- Tremors
- Seizures
- Comas
- Fatal respiratory problems



Sometimes the user transports the drug in empty hotel shampoo or eye-dropper bottles.

COCAINE

Coke, snow, nose candy, flake, blow, big C, lady, white, snowbirds

Snorted or dissolved in water and injected

- Addiction (alcoholism)
- Pupil dilation
- Elevated blood pressure and heart rate
- Increased respiratory problems
- Increased risk of exposure to HIV, hepatitis, and other infectious diseases when injected
- Paranoia • Seizures
- Heart attack • Respiratory failure
- Constricted peripheral blood vessels
- Restlessness, irritability, anxiety
 - Loss of appetite
 - Tactile hallucinations
 - Increased body temperature
 - Death from overdose

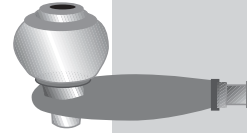
Cocaine is a powerfully addictive drug. Heavy use can produce hallucinations, insomnia, paranoia, aggression, depression.

CRACK

Rock, freebase

Heated and smoked in a pipe

- Same as cocaine



A cheaper form of cocaine that may be more addicting.

SPECIFIC DRUGS AND THEIR EFFECTS

OPIATES/OPIATE-LIKE

HEROIN

Smack, horse, mud, brown sugar, junk, black tar, big H, dope

Injected, snorted, or smoked

- Addiction
- Slowed and slurred speech
- Slow gait
- Constricted pupils, droopy eyelids, impaired night vision
- Vomiting after first use and at very high doses
- Decreased sexual pleasure or indifference to sex
- Reduced appetite • Constipation
- Nodding off (at high doses)
- Respiratory depression or failure
- Increased risk of exposure to HIV, hepatitis, other infectious diseases
- Dry, itching skin and skin infections
- Death from overdose

Heroin users quickly develop a tolerance to the drug and need increasing amounts to get the same effects or to feel well.

ROHYPNOL (Flunitrazepam)

Roach, roofies, the forget pill, rope, rophies, ruffies, R2, foofenol, la roche, rib

Orally



- Addiction
- Blackouts with a complete loss of memory
- A sense of fearlessness and aggression
- Dizziness and disorientation
- Nausea
- Difficulty with motor movements and speaking

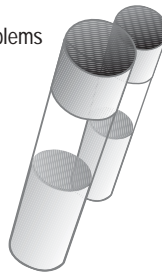
Referred to as the "date rape drug," Rohypnol creates a drunk feeling that lasts two to eight hours.

"SPECIAL K" (Ketamine Hydrochloride)

Vitamin K, new ecstasy, psychedelic heroin, Ketalar, Ketaject, Super-K, breakfast cereal

Smoked or snorted

- Delirium
- Amnesia
- Impaired motor function
- Potentially fatal respiratory problems



Popular at raves.
Used as an anesthetic for animals.

SPECIFIC DRUGS AND THEIR EFFECTS

HALLUCINOGENS

PCP (Phencyclidine)

Angel dust, ozone, rocket fuel, dust, peace pill, elephant tranquilizer



Orally, injected, snorted, or smoked

- Hallucinations
- "Out-of-body" experiences
- Anxiety
- Impaired motor coordination
- Inability to feel physical pain
- Respiratory attack
- Depression
- Anxiety
- Disorientation
- Fear, panic, paranoia
- Aggressive behavior and violence
- Increased risk of exposure to HIV, hepatitis, other infectious diseases
- Death

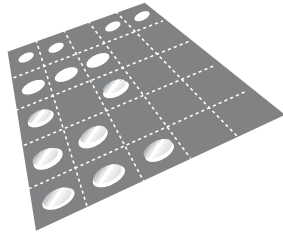
Marijuana joints can be dipped into PCP without the smoker's knowledge.

LSD (Lysergic Acid Diethylamide)

Acid, microdot, tabs, doses, trips, hits, sugar cubes

Tabs taken orally; gel/liquid put in eyes

- Elevated body temperature and blood pressure
- Suppressed appetite
- Sleeplessness
- Tremors
- Chronic recurring hallucinations



LSD is the most common hallucinogen. LSD tabs are often decorated with colorful designs or cartoon characters.

MUSHROOMS (Psilocybin)

Shrooms, caps, magic mushrooms

Eaten or brewed and drunk as tea

- Increased blood pressure
- Sweating
- Nausea
- Hallucinations

Many mushroom users purchase hallucinogenic mushroom spores via mail order

SPECIFIC DRUGS AND THEIR EFFECTS

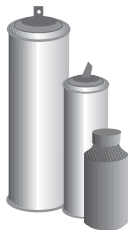
OTHERS

INHALANTS

Nitrous oxide, laughing gas, whippets, aerosol sprays, cleaning fluids, solvents

Vapors are inhaled

- Headache, abdominal pain, muscle weakness
- Severe mood swings and violent behavior
- Numbness and tingling of hands/feet
- Decrease or loss of sense of smell
- Nausea
- Nosebleeds
- Liver, lung and kidney damage
- Dangerous chemical imbalances
- Fatigue, lack of coordination
- Loss of appetite
- Decreases in heart and respiratory rates
- Hepatitis or peripheral neuropathy from long-time use



Hundreds of legal household products can be sniffed (or "huffed") to get high. All inhalants can be toxic.

MARIJUANA/HASH

Weed, pot, reefer, grass, dope, ganja, Mary Jane, sinsemilla, herb, Aunt Mary, skunk, boom, kif, gangster, chronic, 420

Smoked or eaten

- Bloodshot eyes
- Dry mouth and throat
- Impaired or reduced comprehension
- Altered sense of time
- Reduced ability to perform tasks requiring concentration and coordination
- Paranoia
- Intense anxiety or panic attacks
- Altered cognition, making acquisition of new information difficult
- Impairments in learning, memory, perception and judgement—difficulty speaking, listening effectively, thinking, retaining knowledge, problem solving, and forming concepts

The average age for first use is 14. Look for homemade pipes/bongs made from soda cans or plastic bottles.

STEROIDS

Roids, juice



Orally or injected into muscle

- Liver cancer
- Sterility
- Masculine traits in women and feminine traits in men
- Aggression
- Depression
- Acne
- Mood swings

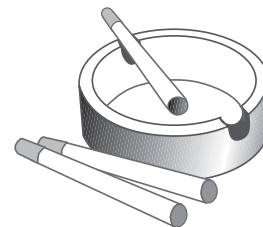
Steroid users subject themselves to more than 70 potentially harmful side effects.

TOBACCO

Smoke, bone, butt, coffin nail, cancer stick; cigarettes, cigars, pipes, smokeless tobacco

Smoked, chewed, dipped

- Addiction
- Heart and cardiovascular disease
- Cancer of the lung, larynx, esophagus, bladder, pancreas, kidney and mouth
- Emphysema and chronic bronchitis
- Spontaneous abortion, pre-term delivery and low birth weight



One in five 12th graders is a daily smoker.